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An International Open Access Journal
UGC and ISSN Approved | ISSN: 2349-5162

INTERNATIONAL JOURNAL
OF EMERGING TECHNOLOGIES
AND INNOVATIVE RESEARCH

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INTERNATIONAL JOURNAL OF EMERGING
TECHNOLOGIES AND INNOVATIVE RESEARCH

International Peer Reviewed, Open Access Journal
ISSN: 2349-5162 | Impact Factor: 5.87

UGC and ISSN Approved Journals.

Website: www.jetir.org



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International Journal of Emerging Technologies and Innovative Research is published under the name of JETIR publication and URL: www.jetir.org.



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Published in India

Typesetting: Camera-ready by author, data conversation by JETIR Publishing Services – JETIR Journal.

JETIR Journal, WWW. JETIR.ORG

ISSN (Online): 2349-5162

International Journal of Emerging Technologies and Innovative Research (JETIR) is published in online form over Internet. This journal is published at the Website <http://www.jetir.org> maintained by JETIR Gujarat, India.

ISSN : 2349-5162



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श्रीमद्भगवद्गीता में कर्मयोग का महत्व : एक विवेचन

Karim SK, west bengal

Abstract / शोधसार:

"तस्माद्योगाय युज्यस्व योगः कर्मसु कौशलम्"। गीता में द्वितीय अध्याय में पैंचास संख्यक श्लोक में कर्मों में कुशलता को ही योग कहा गया है। कृष्णाभावनामृत ही योग है। गीता में सुकर्म, अकर्म व विकर्म के विषय में विचार किया गया है। कर्म में कुशलता लाने के लिए तीन सिद्धियाँ पार करना पड़ता है। (1) कर्म को समझना (2) उचित कर्म को सटीक रूप देना (3) और उपरोक्त दोनों से कुशलता आएगी जो सफलता दिलाएगी, जब योजना को ही योग कहा जाता है तब कर्मवान व्यक्तियों में कुशलता आती है। कर्मबन्धन से मुक्त होना ही योग है। कर्म से मुक्त होने से योग नहीं मिलता है। वास्तव में योग और गीता हमें जीवन की सही दिशा दिखाते हैं। योग कहता है कि वर्तमान में जो कुछ भी है उस पर चलना है, और इसी से सजागता की जन्म होता है। यह सजागता ही हमारी कर्म को सही दिशा बतलाता है।

मूलशब्द / कूटशब्द:-

कर्म, योग, अकर्म, विकर्म, आत्मा, परमात्मा, कर्माधिकार, फललाभ।